Brain, Body & Energy Boost*

Quantum Adaptogen™ Complex
World-Class Adaptogenic Formula With Proven Herbal Synergists

- **Maximum-Performance, Adaptogenic Herbs**
  Including the rare and exotic, grade 10 Indian Soma Latha, Siberian Rhaponticum, Himalayan Rhodiola Rosea, Rhodiola Crenulata, Chinese Fo Ti Tien, European Opuntia and more
- **Full Spectrum of Natural Phytonutrients**
  Such as alpha-amyrin, lupeol, 20-hydroxyecdysone, rosavin, salidroside and more
- **Maximum Whole Body Performance**
  Including increased energy, improved exercise endurance, enhanced oxygen and nutrient uptake, optimal neurotransmitter, memory and mental support, and broad range endocrine and immune support*

- Improved Energy*
- Anti-Aging*
- Peak Performance*
- Enhanced Immunity*
- DNA Repair/Synthesis*

The Quantum Effect

The form of every cell in your body is now known to be a crystalline matrix which has its own ideal resonant frequency. The only way each cell can achieve its ideal cellular resonance is by consuming “live source” nutrients that are “quantum quality” (exquisitely well-grown and toxin-free). Only quantum quality nutrients can produce ideal cellular resonance. When quantum quality phytonutrients are combined together synergistically, their effect is far greater than the sum of their individual benefits, by a factor of 2 to 100-fold or more. Quantum Adaptogen™ Complex delivers this amazing, exponential effect called “the Quantum Effect,” a primary force to help you sustain or regain great health.*

The pH Pure Health Company ● Website: www.phpure.com ● Email: info@phpure.com
Enter the Quantum Energy Zone

Is it possible to feel great all the time? Is it possible to maximize your immune system so that a hard workout leaves you feeling good – not exhausted? Can you really enter the “Quantum Energy Zone” – the zone where you feel and perform your very best?

Now, a new genre of world-class adaptogens is available — herbs that were so special and so treasured in the past that they were reserved only for royalty who closely guarded their use upon pain of death. Now these special agents are available to you – herbs with thousands of years of secret use throughout history – previously never available to the public. We scanned dozens of sources from Tibet to the Far East to find the very best of these premier-grown adaptogens, then truly synergistically combined them to produce this world-class formula, whose benefits far outperform the sum of its individual components and can produce a quantum increase in energy and performance.

What is an adaptogen?

An adaptogen is a phytounit that has the amazing ability to help normalize or “adapt” the body’s physiologic functions to a higher rate of functioning, regardless of the person’s current health status (i.e., whether you are an athlete or chronically ill). Adaptogens are able to take you from where you are, so to speak, and then help move you to the next level. Taking them over time can create higher and higher states of well being. This action is thought to be mediated via the hypothalamic-pituitary-adrenal axis, the pathway linked to longevity.

Now you can see why adaptogenic herbs were so valued in the past – many kings and privileged royalty considered regular consumption of adaptogenic herbs as the key to great vitality and a long, healthy life – indeed, conferring the ability to enter the “Quantum Energy Zone.”

Does Exercise Make You Sick?

Now more than ever, people who exercise regularly are becoming rare. Too often, after exercising, many people do not feel pleasantly invigorated – in fact, many feel just the opposite – exhausted. In a poorly nourished body, waste products become trapped in the body’s tissues like stagnant sludge. Since the body cannot detoxify itself adequately, the immune system is forced to continually expend much of its power in trying to download these toxins as well as clearing low-grade infections arising from the stagnation. In this state, exercise only serves to overwhelm an already burdened immune system. This is why many people feel ill – or get ill – after exercising hard.

The answer is not just more exhausting exercise – but using premier nutrients to nourish the immune system and to help the body rapidly detoxify itself. As the body moves into more optimal functioning, exercise becomes enjoyable again – the way it was designed to be.

How Does It Work?

Quantum Adaptogen™ Complex is not a “jolt product,” loaded with stimulants that rev up weak adrenals such as high dose guarana or ephedra. Instead, its unique, adaptogenic herbs are synergistically combined to focus on nourishing the glands and organs, including the adrenals, as well as creating maximal oxygen and nutrient transport to the muscles and connective tissue to ensure optimal support, detoxification and immune function. Higher levels of energy and strength can be yours, helping to move you into the “Quantum Energy Zone”.

Because of the unique adaptogenic effect of Quantum Adaptogen™ Complex, it can produce profound improvements across the full spectrum of fitness: from the competition athlete looking for better running times – to the couch potato who wants to get rid of the flab.

Ideal Cellular Resonance

The cell is now known to actually be a crystalline matrix, which means it has an ideal resonant frequency. Only nutrients from once living sources can sustain or restore the ideal resonant frequency of your body’s cells. No dead or synthetic or even isolated nutrient from a living source can hope to perform this task. They can only be somewhat helpful at best. In long-term use, these poor sources can often present problems.

In contrast, when you put really well-grown phytonutrients together, their beneficial effect can be 2 to 100 times greater than if they were taken separately. We call this the “Quantum Effect”.

The Quantum Effect

Certain nutrients perform especially well together and are able to multiply the beneficial effects of each other; we call these “true synergists”. When true synergists of “quantum quality” (i.e. exquisitely well grown, harvested at peak potency, free of chemical toxics) are combined together, they can rapidly induce the “Quantum Effect,” a dramatic, whole body energy and performance enhancement. The “Quantum Effect” of Quantum Adaptogen™ Complex is designed to elicit the best en-
ergy enhancement and mental acuity as well as increased endurance and post-exercise recovery. Random or haphazard combinations or poor quality herbs can never achieve this effect.

**Mashed Potatoes and Peaches**

Have you ever seen a product that looks like “everything” was just slapped together? Even if individual nutrients look good, if they are not compatible when combined, a poor product results – like mixing mashed potatoes and peaches together.

Quantum Adaptogen™ Complex is a truly synergistic formula. Each phytonutrient has been clinically tested for its own high-energy signature and potency of its unique phytochemicals. Then each phytonutrient has been combined synergistically in ideal ratios to support whole body nourishment as well as rapid whole body detoxification. This helps to promote the fastest path to greater fitness and strength — without being side-tracked by feeling sick.

**Beware of Toxic Products**

The buyer must be alert more than ever before. Many nutritional products now contain hidden, toxic agents such as pesticide residues, heavy metals, toxic preservatives, toxic tabling materials (such as magnesium stearate), toxic encapsulation agents (such as talc), etc. (You won’t find them listed on the label.) However, taking these compromised products can provide some help for a period of time, but it is only a matter of time before the effects of the toxic agents begin to outweigh the benefits of that product.

Unbelievably, product research studies point out that up to 97.5% of nutritional products currently on the market contain toxic and/or ineffective ingredients. Sadly, many users of these products may not associate new symptoms with a product which at least initially, seemed to be helping them.

**Rapid Scanning For Toxicity**

To ensure each product is free of toxicity, we have also incorporated the latest technology that is able to quickly scan for toxics: a photoluminescence scanning device to ensure batch to batch consistent premier phytonutrient quality for everyday production.

This device gives us a rapid, fool-proof method to screen for toxic agents in phytonutrients as well as confirming the correct identify and quality rating of each phytonutrient (quite frankly, it helps to ensure that lower quality or old nutrients have not been substituted).

This amazing device can also identify whether cheap “filler” materials have been added (sadly, reputable companies often “cut” expensive raw materials by adding cheaper, similar-looking materials, such as cutting expensive greens with hay). This device can quickly catch these potential problems that have in the past required expensive, time-consuming laboratory testing to identify.

**Testing For Ideal Cellular Resonance**

Americans are now sicker than ever before in history, with more than 50% of the population now chronically ill, according to the Centers for Disease Control. A recent national adipose (fat) study revealed that 100% of Americans now have high levels of various toxic chemicals trapped in their fat tissues, such as styrene and dioxin.

These grim findings suggest that even if a nutritional product does contain quality nutrients, the typical Westerner may be too toxic or have insufficient nutrient co-factors or transporters to properly metabolize their intended health benefits.

Only careful clinical testing can identify the critical co-factors and transporter nutrients that are needed to create the most balanced synergistic formula for the typical American body. This testing is essential in order to deliver the final critical enhancements necessary to achieve ideal cellular resonance, which means delivering a dramatic, tissue-specific, whole-body “Quantum Effect”.

**The Five Steps To Produce A Quantum Formula**

To produce a quantum formula, these five steps are essential:

1. First, we exhaustively study worldwide research for the most beneficial phytonutrients that have been shown to exert specific benefits to targeted tissue areas.

2. Next, we source nutrients world-wide for truly grade 10 quality that are premier grown, harvested at peak potency and free of toxic chemicals.

3. Then we study the properties and physical growing environment of each phytonutrient to determine ideal harvesting, processing, handling, packaging and storage to preserve peak potency.

4. The next step is to perform proprietary bio-energetic testing to identify true phytonutrient synergism that is able to achieve ideal cellular resonance. Co-factors and essential transporters are determined and the first test trial formula is produced for clinic evaluation.

5. Clinical testing continues, refining and precision-tuning each ingredient to determine the optimal amounts and total recommended dose.

Only after all five steps are completed is a final product manufactured that carries our label, “Nutrition that really works™”.

**Get The Best of the Best**

Quantum Adaptogen™ Complex is a true breakthrough in energy enhancement that can rapidly produce ideal cellular resonance for great vitality and increased energy.

Experience the grand sense of feeling great and being more fit. Step up to energy and power — a leaner, stronger body while enjoying ideal antioxidant nutrition for great anti-aging support. Experience our labor of love, the Quantum Adaptogen™ Complex, the best of the best. Bring back power into your life — like the royalty of olden days. Experience ideal cellular resonance achieved via the “Quantum Effect” to rapidly move you into the “Quantum Energy Zone.”

Try Quantum Adaptogen™ Complex today. Experience the difference for yourself.

**The Dynamic Duo**

For best results, use Quantum Adaptogen™ Complex every day coupled with Lean-Body Whey™ Protein Blend, the perfect protein meal replacement drink made with delicious, non-toxic, easy-to-digest whey (pesticide-free), organic blueberries and more. We call these two products “the dynamic duo” for premier health and energy.

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Quantum Adaptogen™ Complex: Ingredients
Achieving Peak Performance
With World-Class Adaptogenic Herbs

Grade 10 Indian Soma Latha (Sarcostemma acidum)
- Centuries-old support for strength, endurance and the immune system*
- Contains a unique array of immune-promoting phytoneutrients, including alpha-amyrin, caoutchoc, lupeol, beta-sitosterol and other phytosterols*
- Sacred Indian herb, revered for many centuries as the “elixir of immortality”; ancient, legendary accounts of its divine power to impart health and strength*
  Rated the highest quality soma, grown in remote mountainous areas of India, procured on-site by our own Indian herbal specialists

Grade 10 Siberian Maral Root (Rhaponticum carthamoides)
- Rare, oxygen-enhancing Siberian herb which helps increase physical energy, performance, endurance and mental stamina
- Studies show its ability to help increase muscle mass while decreasing body fat (Russian research on athletes)
- Contains a full complex of co-factors and transporters including 20-hydroxyecdysone, a phytoneutrient shown to help increase protein production at the cellular level, which in turn helps build muscle tissue*
- Provides significant immune system support (encourages normal levels of IgG and IgA, even during hard exercise)*
  Pure maral root without additives; low-temperature, air-dried; not solvent-extracted

Grade 10 Arctic Root (Rhodiola Rosea)
- A hardy adaptogenic herb “par excellence” from the polar arctic regions of Siberia
- Studies show its ability to help increase longevity, physical endurance, strength and energy: helps activate lipase in long distance runners and swimmers*
- Helps maintain high levels of creatinine phosphate in the mitochondria: for sustained energy helps shorten recovery time from workouts*
- Helps optimize serotonin and dopamine levels as well as other neurotransmitters; benefits mood elevation, attention span, memory and mental performance*

Grade 10 Rhodiola Crenulata (also called “Tibetan Ginseng”)
- Famous adaptogen used in Tibet for over 1,500 years to help increase energy, strengthen the heart, lungs, memory, concentration, improve overall well-being and enhance longevity*
- Helps improve oxygen flow and nutrients to the heart; promotes healthy and regular heart beat; nourishes the lungs and eyes; its oxygen and nutrient transport shown more effective than ginseng*
- Contains special phytoneutrients, including salidroside, tyrosol, sitosterol, gallic flavones, 35 different trace minerals and 18 amino acids for enhanced support of the nerve, endocrine, cardiovascular and immune systems*
  Hand-picked on the snow-capped Himalayas at over 15,000 feet, making it one of the purest, organic herbs on earth; not solvent-extracted or irradiated

Grade 10 Fo Ti Tieng (Polygonum multiflorum; Ho Shou Wu)
- Chinese herbal adaptogen called the “elixir of life,” used for centuries in China as an invigorating tonic to promote longevity, fertility and vitality*
- Gained immense popularity after it was reported that a Chinese herbalist who lived to be over 200 years old, took this herb daily*
- Contains notable phytoneutrients, including anthraquinones, chrysophanic acid, emodin, rhein and lecitin which help nourish and detoxify the blood, lubricate the intestines and promote increased energy and health*
- Supports the kidneys, liver, pancreas, adrenals, thymus and blood*
  Grade 10 quality; grown in rich soil in China; not solvent-extracted, nor irradiated

Grade 10 Nopal Cactus (Opuntia ficus indica)
- Hardy, nutrient-rich cactus adaptogen used for centuries in many cultures
- An abundant nutritional reservoir: rich in vitamin C and bioflavonoids; contains mucilage and pectin which support healthy digestion and intestines*
- Promotes normal urine flow: neutralizes toxins and internal waste; imparts broad-spectrum chemo-protection, immune and endocrine support*
- Supports healthy urinary tract, liver, lung, pancreas and prostate; supports healthy blood sugar levels and insulin response; supports healthy blood pressure and blood lipids*
  Grade 10 quality; not solvent-extracted, not irradiated

Key Co-Factors and Transporters
- Grade 10 European Thyme: Synergistic herbal harmonizer; supports chemical/heavy metal detoxification*
- Calcium Montmorillonite (A rare mineral form): Macro/trace mineral nutriture; unique detoxification support*
- Pesticide-free Out Bran (15% beta glucans): Toxic-chemical binder; healthy immune system, blood lipid and blood nutrient support*